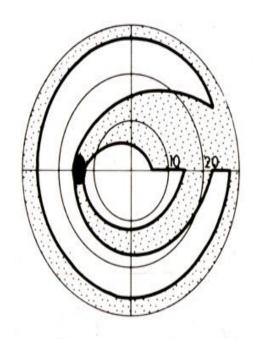
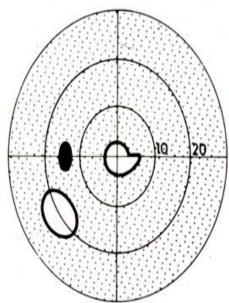
Visual Field Test 视野检查







What Is It? 什么是视野?

- This is a test of how well you can see in the surrounding areas.
 视野检查你可以看到多大范围的周围环境。
- In early Glaucoma, peripheral or side vision may be affected first.
 早期青光眼,周边视野可能会先受到损害。
- It is used for diagnosis and monitoring of Glaucoma.
 - 视野用于诊断和监测青光眼。



What Is It? 什么是视野?

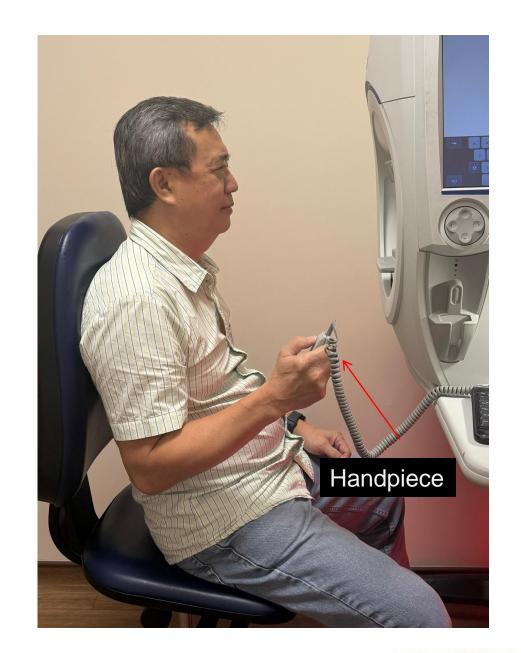
- In order for the doctor to interpret the test, it must be done accurately by the patient.
 只有病人准确地行视野检查,医生才能解析检查结果。
- It will take only 15-20 minutes to be completed. 检查需要15-20分钟。
- It is not difficult but it requires your concentration.
 - 检查并不难,但需要你集中精力。



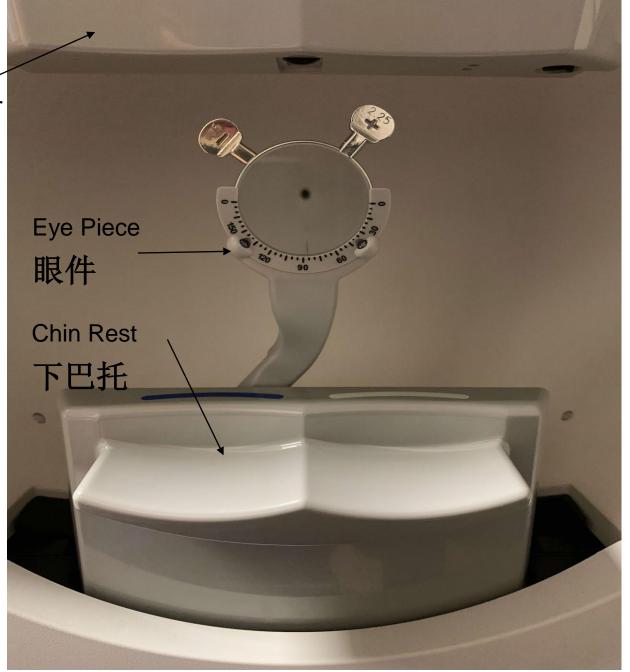
You will be asked to sit in front of a bowl shaped device that is connected to a computer.

你会被带到一个与电脑相连的碗形仪器前。

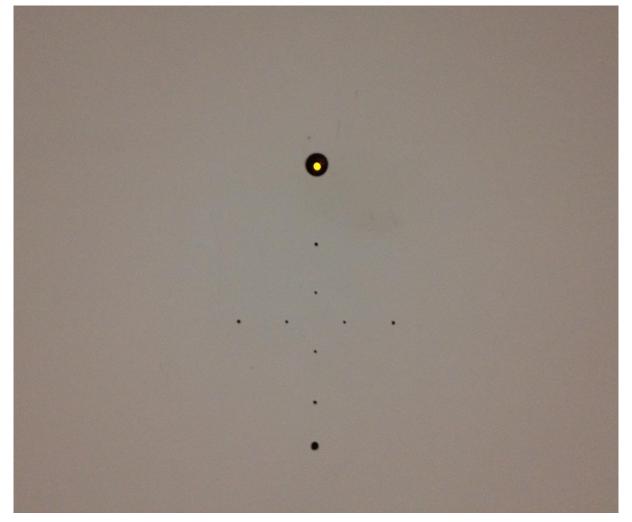
- One eye is tested at a time.
 - 一次检查一只眼。
- There is a handpiece connected to the machine.
 - 一个手柄与机器相连。



Forehead Bar 前额托



This Is What You Will See 你将会看到



 Always focus on the orange dot.

需要您注视橙色灯光点。

 You will then see a series of white dots without moving your eyes.

当你看到周围出现白色灯光 点时,请不要移动您的眼睛, 总是注视橙色灯光点。

 Every time you see a white dot, you should press the button on the handpiece.

每次您看到白点,请按手柄 上的按钮。



Do's 需要做的

 You may pause the test if you are tired by pressing and holding the button and releasing it when you are ready to resume the test.

如果你感到疲乏,可以一直按着按钮不放,这样就可以暂停检查,松开按钮就可以继续检查。

■ RELAX! 请放松!

Do's 需要做的

- Some dots are big while some are small.
 白点有的大,有的小。
- Some dots are bright while some are dim.
 有的比较亮,有的比较暗。
- PRESS the button when you see ANY dots: Big, Small, Bright or Dim.
 - 当您看到任何点都要按按钮,无论大、小、亮、暗。



Do's 需要做的

- Keep both eyes open.
 保持双眼睁开。
- You may blink normally.
 您可以正常的眨眼。
- You may hear some noises.
 您可能会听到一些噪音。
- Make yourself comfortable.
 让您自己舒服。



Don'ts 不要做的

 DO NOT move your eyes about to look for the white dots.

不要转眼去寻找白点。

 DO NOT press the button if you do not see a white dot even if you hear a sound.

如果您没有看到白点,即使听到声音也不要按按钮。

At The End 最后

 When the test ends, the technician will ask you to sit back and relax while the device analyze your test results.

当检查结束后,技术人员会让您坐着休息,仪器会分析你的检查结果。